

CONFIDENTIAL INFORMATION QUESTIONNAIRE

| | | | | | | | |
|--|--|---------------------------------|-------|--------------|---|-----------------|--------------------|
| PATIENT'S LEGAL NAME | | LAST | FIRST | MI | DATE OF BIRTH | SEX | SSN(US) / SIN(CAN) |
| PREFER TO BE CALLED | | | | HOME PHONE # | | CELL PHONE # | |
| PATIENT'S ADDRESS | | STREET | APT# | CITY | STATE | ZIP/POSTAL CODE | E-MAIL |
| MARITAL STATUS | | PATIENT'S / GUARDIAN'S EMPLOYER | | | | OCCUPATION | |
| <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> W <input type="checkbox"/> D <input type="checkbox"/> UNDER AGE 18 | | | | | | | |
| WORK ADDRESS | | STREET | APT# | CITY | STATE | ZIP/POSTAL CODE | WORK PHONE # |
| SPOUSE'S NAME | | LAST | FIRST | MI | SPOUSE'S EMPLOYER | | OCCUPATION |
| SPOUSE'S WORK ADDRESS | | STREET | APT# | CITY | STATE | ZIP/POSTAL CODE | WORK PHONE # |
| OTHER FAMILY MEMBERS THAT ARE PATIENTS HERE | | | | | WHO CAN WE THANK FOR REFERRING YOU TO OUR OFFICE? | | |

EMERGENCY CONTACT INFORMATION

PERSON WE MAY CONTACT IN CASE OF AN EMERGENCY (OTHER THAN YOUR FAMILY HOME)

| | | | |
|--------------|--------------|--------------|--|
| NAME | | RELATIONSHIP | |
| HOME PHONE # | WORK PHONE # | CELL PHONE # | |

REQUEST FOR CONFIDENTIAL COMMUNICATION

AS MY DENTAL CARE PROVIDER, YOU MAY DO THE FOLLOWING WITH MY PERMISSION:

| | YES | NO |
|---|--------------------------|--------------------------|
| Contact me at home | <input type="checkbox"/> | <input type="checkbox"/> |
| Contact me via cell phone | <input type="checkbox"/> | <input type="checkbox"/> |
| Contact me at work | <input type="checkbox"/> | <input type="checkbox"/> |
| Contact me via e-mail | <input type="checkbox"/> | <input type="checkbox"/> |
| Leave messages on my home voicemail | <input type="checkbox"/> | <input type="checkbox"/> |
| Leave messages on my cell phone voicemail | <input type="checkbox"/> | <input type="checkbox"/> |
| Leave messages on my work voicemail | <input type="checkbox"/> | <input type="checkbox"/> |

INSURANCE AND FINANCIAL INFORMATION

| | | | | |
|--|--|------------------------|-----------------------|--------------------|
| INSURANCE COVERAGE | | INSURANCE COMPANY NAME | INSURANCE ADDRESS | INSURANCE PHONE |
| <input type="checkbox"/> YES <input type="checkbox"/> NO | | | | |
| SUBSCRIBER'S NAME | PATIENT'S RELATIONSHIP TO SUBSCRIBER | | SUBSCRIBER'S BIRTHDAY | SSN(US) / SIN(CAN) |
| | <input type="checkbox"/> SELF <input type="checkbox"/> SPOUSE <input type="checkbox"/> DEPENDENT | | | |
| GROUP / PROGRAM NUMBER | EMPLOYER (IF DIFFERENT FROM ABOVE) | | EMPLOYER'S ADDRESS | |
| | | | | |
| SECONDARY COVERAGE | | INSURANCE COMPANY NAME | INSURANCE ADDRESS | INSURANCE PHONE |
| <input type="checkbox"/> YES <input type="checkbox"/> NO | | | | |
| SUBSCRIBER'S NAME | PATIENT'S RELATIONSHIP TO SUBSCRIBER | | SUBSCRIBER'S BIRTHDAY | SSN(US) / SIN(CA) |
| | <input type="checkbox"/> SELF <input type="checkbox"/> SPOUSE <input type="checkbox"/> DEPENDENT | | | |
| GROUP / PROGRAM NUMBER | EMPLOYER (IF DIFFERENT FROM ABOVE) | | EMPLOYER'S ADDRESS | |
| | | | | |

RELEASE INFORMATION

YOU MAY DISCUSS MY HEALTHCARE WITH

| | YES | NO | OTHERS (PLEASE PRINT) |
|-----------------------|--------------------------|--------------------------|-----------------------|
| Health Care Providers | <input type="checkbox"/> | <input type="checkbox"/> | 1. |
| Insurance Companies | <input type="checkbox"/> | <input type="checkbox"/> | 2. |

CONFIRMATIONS



DO YOU PREFER A CONFIRMATION CALL

No, it is unnecessary Yes, it is a helpful reminder

ASSIGNMENT & RELEASE

I hereby authorize (1) any available insurance benefits to be paid directly to my dentist, (2) the release of my dental health care information for any of my dental health care insurance claim, (3) the use of my dental records by my dentist in any professional manner that he/she determines, (4) the making of videotapes, photographs, and x-rays of my dental care treatment (collectively "My Images"), and (5) my dentist's use of My Images in scientific papers, demonstrations and/or presentations without compensation to me. I understand Hartrick Dentistry is out-of-network with all insurance plans. I agree that to the extent the cost of the dental care provided by my dentist is not covered by insurance, I am obligated to pay him/her such uninsured cost (the "Uninsured Costs") in accordance with his/her payment terms and policies. Finally, I certify that I have read or had read to me the contents of this form and understand the risks and limitations involved with the dental treatment that I am to receive.

| | |
|--|------|
| SIGNATURE - PATIENT / GUARDIAN | DATE |
| WITNESS SIGNATURE | DATE |
| If the above named Patient is a minor or unable to pay the his/her Uninsured Costs, the undersigned agrees to guaranty the payment of such Uninsured Costs to the Patient's dentist in accordance with his/her payment terms and policies. | |
| SIGNATURE - GUARANTOR OF PATIENT | DATE |

MEDICAL HISTORY

Patient Name _____ Nickname _____ Age _____

Name of Physician/and their specialty _____

Most recent physical examination _____ Purpose _____

What is your estimate of your general health? Excellent Good Fair Poor

DO YOU HAVE or HAVE YOU EVER HAD: YES NO YES NO

1. hospitalization for illness or injury _____
2. an allergic or bad reaction to any of the following:
 - aspirin, ibuprofen, acetaminophen, codeine _____
 - penicillin _____
 - erythromycin _____
 - tetracycline _____
 - sulfa _____
 - local anesthetic _____
 - fluoride _____
 - chlorhexidine (CHX) _____
 - Iodine _____
 - metals (nickel, gold, silver, _____)
 - latex _____
 - nuts _____
 - fruit _____
 - milk _____
 - red dye _____
 - other _____
3. heart problems, or cardiac stent within the last six months _____
4. history of infective endocarditis _____
5. artificial heart valve, repaired heart defect (PFO) _____
6. pacemaker or implantable defibrillator _____
7. orthopedic or soft tissue implant (e.g. joint replacement, breast implant) _____
8. heart murmur, rheumatic or scarlet fever _____
9. high or low blood pressure _____
10. a stroke (taking blood thinners) _____
11. anemia or other blood disorder _____
12. prolonged bleeding due to a slight cut (or INR > 3.5) _____
13. pneumonia, emphysema, shortness of breath, sarcoidosis _____
14. chronic ear infections, tuberculosis, measles, chicken pox _____
15. breathing problems (e.g. asthma, stuffy nose, sinus congestion) _____
16. sleep problems (e.g. sleep apnea, snoring, insomnia, restless sleep, bedwetting) _____
17. kidney disease _____
18. liver disease or jaundice _____
19. vertigo (e.g. "the room is spinning") _____
20. thyroid, parathyroid disease, or calcium deficiency _____
21. hormone deficiency or imbalance (e.g. polycystic ovarian syndrome) _____
22. high cholesterol or taking statin drugs _____
23. diabetes (HbA1c = _____) _____
24. stomach or duodenal ulcer _____
25. digestive or eating disorders (e.g. celiac disease, gastric reflux, bulimia, anorexia) _____

26. osteoporosis/osteopenia or ever taken anti-resorptive medications (e.g. bisphosphonates) _____
27. arthritis or gout _____
28. autoimmune disease (e.g. rheumatoid arthritis, lupus, scleroderma) _____
29. glaucoma _____
30. contact lenses _____
31. head or neck injuries _____
32. epilepsy, convulsions (seizures) _____
33. neurologic disorders (e.g. Alzheimer's disease, dementia, prion disease) _____
34. viral infections and cold sores _____
35. any lumps or swelling in the mouth _____
36. hives, skin rash, hay fever _____
37. STI/STD/HPV _____
38. hepatitis (type _____) _____
39. HIV/AIDS _____
40. tumor, abnormal growth _____
41. radiation therapy _____
42. chemotherapy, immunosuppressive medication _____
43. emotional difficulties _____
44. psychiatric treatment or antidepressant medication _____
45. concentration problems or ADD/ADHD _____
46. alcohol/recreational drug use _____

ARE YOU:

47. presently being treated for any other illness _____
48. aware of a change in your health in the last 24 hours (e.g., fever, chills, new cough, or diarrhea) _____
49. taking medication for weight management _____
50. taking dietary supplements, vitamins, and/or probiotics _____
51. often exhausted or fatigued _____
52. experiencing frequent headaches or chronic pain _____
53. a smoker, smoked previously or other (e.g. smokeless tobacco, vaping, e-cigarettes, and cannabis) _____
54. considered a touchy/sensitive person _____
55. often unhappy or depressed _____
56. taking birth control pills _____
57. currently pregnant _____
58. diagnosed with a prostate disorder _____

Describe any current medical treatment, impending surgery, genetic/development delay, or other treatment that may possibly affect your dental treatment. (i.e. Botox, Collagen Injections) _____

List all medications, supplements, vitamins, and/or probiotics taken within the last two years.

| Drug | Purpose | Drug | Purpose |
|-------|---------|-------|---------|
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |

PLEASE ADVISE US IN THE FUTURE OF ANY CHANGE IN YOUR MEDICAL HISTORY OR ANY MEDICATIONS YOU MAY BE TAKING.

Patient's Signature _____ Date _____

Doctor's Signature _____ Date _____

DENTAL HISTORY

Patient Name _____ Nickname _____ Age _____
Referred by _____ How would you rate the condition of your mouth? Excellent Good Fair Poor
Previous Dentist _____ How long have you been a patient? _____ Months/Years
Date of most recent dental exam ____/____/____ Date of most recent x-rays ____/____/____
Date of most recent treatment (other than a cleaning) ____/____/____
I routinely see my dentist every 3 mo. 4 mo. 6 mo. 12 mo. Not routinely

WHAT IS YOUR IMMEDIATE CONCERN? _____

PLEASE ANSWER YES OR NO TO THE FOLLOWING:

PERSONAL HISTORY

1. Are you fearful of dental treatment? How fearful, on a scale of 1 (least) to 10 (most) [____] _____
2. Have you had an unfavorable dental experience? _____
3. Have you ever had complications from past dental treatment? _____
4. Have you ever had trouble getting numb or had any reactions to local anesthetic? _____
5. Did you ever have braces, orthodontic treatment or had your bite adjusted, and at what age? _____
6. Have you had any teeth removed, missing teeth that never developed or lost teeth due to injury or facial trauma? _____

GUM AND BONE

7. Do your gums bleed sometimes or are they ever painful when brushing or flossing? _____
8. Have you ever been treated for gum disease, had scaling and root planing, or been told you have lost bone around your teeth? _____
9. Have you ever noticed an unpleasant taste or odor in your mouth? _____
10. Is there anyone with a history of periodontal disease in your family? _____
11. Have you ever experienced gum recession, or can you see more of the roots of your teeth? _____
12. Have you ever had any teeth become loose on their own (without an injury), or do you have difficulty eating an apple? _____
13. Have you experienced a burning or painful sensation in your mouth not related to your teeth? _____

TOOTH STRUCTURE

14. Have you had any cavities within the past 3 years? _____
15. Does the amount of saliva in your mouth seem too little or do you have difficulty swallowing any food? _____
16. Do you feel or notice any holes (i.e. pitting, craters) on the biting surface of your teeth? _____
17. Are any teeth sensitive to hot, cold, biting, sweets, or do you avoid brushing any part of your mouth? _____
18. Do you have grooves or notches on your teeth near the gum line? _____
19. Have you ever broken teeth, chipped teeth, or had a toothache or cracked filling? _____
20. Do you frequently get food caught between any teeth? _____

BITE AND JAW JOINT

21. Do you have problems with your jaw joint? (pain, sounds, limited opening, locking, popping) _____
22. Do you feel like your lower jaw is being pushed back when you try to bite your back teeth together? _____
23. Do you avoid or have difficulty chewing gum, carrots, nuts, bagels, baguettes, protein bars, or other hard, dry foods? _____
24. In the past 5 years, have your teeth changed (become shorter, thinner, or worn) or has your bite changed? _____
25. Are your teeth becoming more crooked, crowded, or overlapped? _____
26. Are your teeth developing spaces or becoming more loose? _____
27. Do you have trouble finding your bite, or need to squeeze, tap your teeth together, or shift your jaw to make your teeth fit together? _____
28. Do you place your tongue between your teeth or close your teeth against your tongue? _____
29. Do you chew ice, bite your nails, use your teeth to hold objects, or have any other oral habits? _____
30. Do you clench or grind your teeth together in the daytime or make them sore? _____
31. Do you have any problems with sleep (i.e. restlessness or teeth grinding), wake up with a headache or an awareness of your teeth? _____
32. Do you wear or have you ever worn a bite appliance? _____

SMILE CHARACTERISTICS

33. Is there anything about the appearance of your mouth (smile, lips, teeth, gums) that you would like to change (shape, color, size, display)? _____
34. Have you ever bleached (whitened) your teeth? _____
35. Have you felt uncomfortable or self-conscious about the appearance of your teeth? _____
36. Have you been disappointed with the appearance of previous dental work? _____

Patient's Signature _____ Date _____

Doctor's Signature _____ Date _____

LAMBERG QUESTIONNAIRE Version 6.0

Correlating Sleep Quality & Health

1: STANDARD QUESTIONS

- Do you awaken unrefreshed or feel sleepy during the day due to restless sleep?
- Is your snoring loud enough to disturb others?
- Have you been aware of your snoring for a long time?
- Have you been told your breathing stops while asleep?
- Do you ever wake yourself from sleep feeling that you are choking?
- Have you ever had a sleep study?
- Have you tried CPAP? (was the pressure > 10.5 cm? Y/N)
- Is your BMI > 27? Or is your neck size > 17 men, or > 15.5 women?

2: CARDIOLOGY & VASCULAR

- Do you have high blood pressure or take medicine for hypertension?
- Have you been diagnosed with: CAD, Stroke, Congestive Heart Failure, A Fib, or other health issues?
- Do you have a pacemaker?
- Do you have elevated total cholesterol levels?

3: PULMONOLOGY

- Have you experienced difficulty breathing during the day?
- Do you have shortness of breath, even with mild exertion?
- Have you been diagnosed with COPD or Asthma? Is Asthma worse at night?
- Do you have a chronic cough, either dry or productive?

4: GASTROENTEROLOGY

- Do you experience heartburn or acid reflux at night or in the morning?
- Have you or your dentist noticed erosion on molars?
- Do you take heartburn medications, either prescription or over the counter?

5: NEUROLOGY

- Do you experience numbness, tingling or pain in your feet or hands or head?
- Do you ever experience muscle weakness or dizziness or difficulty with coordination?

6: ENDOCRINOLOGY

- Have you been diagnosed with diabetes or hypothyroidism?
- Have you unexpectedly gained or lost weight lately?
- Have you gone through menopause? Are you on HRT?
- Do you experience repetitive limb movements or jerks in sleep, urges to move legs, or night sweats?

7: OTOLARYNGOLOGY

- Do you have difficulty breathing through your nose?

- Do you experience a dry mouth upon awakening?
- Do you have allergies that make nasal breathing difficult?
- Is post nasal drip a frequent problem?

8: UROLOGY

- Do you experience erectile dysfunction?
- Experience decreased interest in sex or have you taken medications to enhance sexual performance?
- Do you ever leak urine involuntarily?
- Do you have to urinate several times at night, or have you been diagnosed with BPH?

9: DENTAL (BRUXISM, TMD, PERIODONTICS, ORTHODONTICS)

- Do you grind your teeth while sleeping? Do your front teeth have a worn look?
- Have you had jaw muscles or joint pain, ringing in your ears, vertigo, or dizziness?
- Have you been diagnosed with periodontitis (gum disease)?
- Are your teeth very crowded or crooked?

10: PSYCHOLOGY & PSYCHIATRY

- Are you irritable upon waking in the morning?
- Do you experience insomnia? (either falling asleep or maintaining sleep)
- Do you experience: depression, PTSD, memory or concentration problems?
- Do you take medications for any of these conditions?

11: RHEUMATOLOGY

- Have you ever been diagnosed with Gout?
- Have you ever been diagnosed with Rheumatoid Arthritis?

12: CHRONIC PAIN

- Do you often wake up with headaches or have chronic headaches?
- Do you experience any chronic pain anywhere in your body?
- Do you take medications for pain on a daily basis?

13: PEDIATRICS (EXCLUDE FROM SCORING)

- Do you know any children who are mouth breathers, or who make any sleep breathing sounds?
- Do you know any children with bedwetting problems?

TOTAL SCORE: _____

Suspicion Level (Items Checked):

1 LOW 2-3 MODERATE 4+ HIGH

Name: _____

Date: _____

HIPAA OMNIBUS RULE
PATIENT ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES
AND CONSENT/ LIMITED AUTHORIZATION & RELEASE FORM

You may refuse to sign this acknowledgement & authorization. In refusing we may not be allowed to process your insurance claims.

Date: _____

The undersigned acknowledges receipt of a copy of the currently effective Notice of Privacy Practices for this healthcare facility. A copy of this signed, dated document shall be as effective as the original.

MY SIGNATURE WILL ALSO SERVE AS A PHI DOCUMENT RELEASE SHOULD I REQUEST TREATMENT OR RADIOGRAPHS BE SENT TO OTHER ATTENDING DOCTOR / FACILITIES IN THE FUTURE.

Please **print** name of Patient

Please **sign** for Patient / Guardian of Patient

Legal Representative / Guardian

Relationship of Legal Representative / Guardian

Your comments regarding Acknowledgements or Consents: _____

HOW DO YOU WANT TO BE ADDRESSED WHEN SUMMONED FROM THE RECEPTION AREA:

First Name Only Proper Surname Other _____

PLEASE LIST ANY OTHER PARTIES WHO CAN HAVE ACCESS TO YOUR HEALTH INFORMATION:

(This includes step parents, grandparents and any care takers who can have access to this patient's records):

Name: _____ Relationship: _____

Name: _____ Relationship: _____

I AUTHORIZE CONTACT FROM THIS OFFICE TO **CONFIRM MY APPOINTMENTS, TREATMENT & BILLING INFORMATION** VIA:

- | | |
|--|--|
| <input type="checkbox"/> Cell Phone Confirmation | <input type="checkbox"/> Text Message to my Cell Phone |
| <input type="checkbox"/> Home Phone Confirmation | <input type="checkbox"/> Email Confirmation |
| <input type="checkbox"/> Work Phone Confirmation | <input type="checkbox"/> Any of the Above |

I AUTHORIZE **INFORMATION ABOUT MY HEALTH** BE CONVEYED VIA:

- | | |
|--|--|
| <input type="checkbox"/> Cell Phone Confirmation | <input type="checkbox"/> Text Message to my Cell Phone |
| <input type="checkbox"/> Home Phone Confirmation | <input type="checkbox"/> Email Confirmation |
| <input type="checkbox"/> Work Phone Confirmation | <input type="checkbox"/> Any of the Above |

I APPROVE BEING CONTACTED ABOUT **SPECIAL SERVICES, EVENTS, FUND RAISING EFFORTS or NEW HEALTH INFO** on behalf of this Healthcare Facility via:

- | | |
|--|---|
| <input type="checkbox"/> Phone Message | <input type="checkbox"/> Any of the Above |
| <input type="checkbox"/> Text Message | <input type="checkbox"/> None of the above (opt out) |
| <input type="checkbox"/> Email | |

In signing this HIPAA Patient Acknowledgement Form, you acknowledge and authorize, that this office may recommend products or services to promote your improved health. This office may or may not receive third party remuneration from these affiliated companies. We, under current HIPAA Omnibus Rule, provide you this information with your knowledge and consent.

Office Use Only

As Privacy Officer, I attempted to obtain the patient's (or representatives) signature on this Acknowledgement but did not because:

- | | |
|--|-------|
| It was emergency treatment | _____ |
| I could not communicate with the patient | _____ |
| The patient refused to sign | _____ |
| The patient was unable to sign because | _____ |
| Other (please describe) | _____ |

Signature of Privacy Officer